Stay Connected During Social Distancing

Here are 4 ways to stay involved with Best Buddies and connected to our buddies during this difficult time!

1) Join us for the Best Buddies Virtual Walk on June 20, 2020

Register online at bestbuddiesfriendshipwalk.org and join the Best Buddies International community in a virtual walk to promote acceptance, inclusion and friendship!

2) Stay in touch by writing letters

Receiving something in the mail is always fun, and especially during this time it can be so special for someone to receive a hand written note!

3) Utilize Zoom calls

While we can’t see each other in person, using Zoom or another online platform to video conference is a great way to check in on people who might feel especially lonely during this time. Sometimes being able to see each other makes all the difference!

4) Have a Netflix Watch Party

This is an easy way to watch TV shows and movies with your friends! Head to www.netflixparty.com for directions for setting this up!

We hope everyone is staying safe and healthy! We look forward to seeing you all in person soon!