

# Stay Connected During Social Distancing

HERE ARE 4 WAYS TO STAY INVOLVED WITH BEST BUDDIES AND CONNECTED TO OUR BUDDIES DURING THIS DIFFICULT TIME!



## 1) JOIN US FOR THE BEST BUDDIES VIRTUAL WALK ON JUNE 20, 2020

Register online at [bestbuddiesfriendshipwalk.org](https://bestbuddiesfriendshipwalk.org) and join the Best Buddies International community in a virtual walk to promote acceptance, inclusion and friendship!

## 2) STAY IN TOUCH BY WRITING LETTERS

Receiving something in the mail is always fun, and especially during this time it can be so special for someone to receive a hand written note!



## 3.) UTILIZE ZOOM CALLS

While we can't see each other in person, using Zoom or another online platform to video conference is a great way to check in on people who might feel especially lonely during this time. Sometimes being able to see each other makes all the difference!

## 4) HAVE A NETFLIX WATCH PARTY

This is an easy way to watch TV shows and movies with your friends! Head to [www.netflixparty.com](https://www.netflixparty.com) for directions for setting this up!



WE HOPE EVERYONE IS STAYING SAFE AND HEALTHY! WE LOOK FORWARD TO SEEING YOU ALL IN PERSON SOON!